

*Greater Reward*  
*How do we win at life?*

## TALK IT OVER

### Key Scriptures

*Don't you realize that in a race everyone runs, but only one person gets the prize? So run to win! All athletes are disciplined in their training. They do it to win a prize that will fade away, but we do it for an eternal prize. So I run with purpose in every step. I am not just shadowboxing. I discipline my body like an athlete, training it to do what it should. ...*

1 Corinthians 9:24-27 NLT

*... train yourself to be godly.*  
Timothy 4:7 NIV

**Start talking.** Find a conversation starter for your group.

- What was the first thing you ever remember winning? How does competition make you react?

**Start thinking.** Ask a question to get your group thinking.

- It's easier to see what winning at sport looks like, why is it harder to see what winning at life looks like?
- How do you respond to the idea 'define your win?'
- Think about a goal you successfully met in the past. Did you try for that goal, or train for it? What was your experience like?
- Read 1 Corinthians 9:24-27. How would training for your goals change the way you pursue them?

**Start sharing.** Choose a question to create openness.

- Is there a goal you've been trying to meet, without success? Share this goal with your group.
- How could you train in order to reach your goal?
- What things have you stopped you or distracted you in your race?

**Start praying.** Be bold and pray with power.

*Father, thank You for calling each of us to grow. You never leave us where we are, or how we are. Instead, You give each of us opportunities to overcome challenges and become more like Your Son each day. Help us train for the challenges we're facing with joy, knowing You're always with us. In Jesus' name, amen.*

**Start doing.** Commit to a step and live it out this week.

- Is there change you want to see in your life? Ask for God's help and follow His lead as you start training.
- Start the *Greater Reward* Bible Plan using Plans With Friends: [www.go2.lc/reward](http://www.go2.lc/reward)

### Going deeper.....

Take Hebrews 12 v.1-3 and study those verses. What do they say? Who was hearing those verses and what could they have meant to those first hearers? What do these verses say to you right now? What can you take from these verses and how can you apply them to your life and to your race?